# INVOLVEMENT AND INCORPORATION OF ESSENTIAL HEALTH INTERVENTIONS INTO HEALTH CURRICULUM: A CASE OF DIPLOMA IN NURSING SCHOOLS DAR ES SALAAM,

**TANZANIA** 

**Dominicus Haule** 

**Master of Public Health Dissertation** 

Muhimbili University of Health and Allied Sciences

October 2012

# INVOLVEMENT AND INCORPORATION OF ESSENTIAL HEALTH INTERVENTIONS INTO HEALTH CURRICULUM: A CASE OF DIPLOMA IN NURSING SCHOOLS DAR ES SALAAM, TANZANIA

 $\mathbf{B}\mathbf{y}$ 

**Dominicus Haule** 

A Dissertation Submitted in Partial Fulfillment of the Requirements for the Degree of Master of Public Health of the Muhimbili University of Health and Allied Sciences

Muhimbili University of Health and Allied Sciences

October, 2012

### Certification

The undersigned certifies that he has read and hereby recommends for acceptance by the Muhimbili University of Health and Allied Sciences a dissertation entitled "Involvement and Incorporation of Essential Health Interventions Into Health Curriculum: A case of Diploma in Nursing Schools Dar es Salaam, Tanzania" in partial fulfillment of the requirements for the degree of Master of Public Health of Muhimbili University of Health and Allied Sciences.

Signature:
------------

Dr. D.C.V. Kakoko

(Supervisor)

Date:
-------

### **DECLARATION**

### **AND**

### **COPYRIGHT**

I, Dominicus Haule, declare that this disserta	tion is my own original work and that it has			
not been submitted to any University for a similar degree or any other degree award.				
Signature	Date			

This dissertation is copyright material protected under the Berne Convention, the Copyright Act of 1999 and other international and national enactments, in that behalf, on intellectual property. It may not be reproduced by any means, in full or in part, except for short extracts in fair dealing; for research or private study, critical scholarly review or discourse with an acknowledgement, without the written permission of the Directorate of Postgraduate Studies, on behalf of both the author and Muhimbili University of Health and Allied Sciences.

### Acknowledgement

First and foremost, I would like to thank God Almighty who through his grace this work was made possible. This dissertation is a result of contributions of many people; it will be difficult to mention all of them by names.

I'm very grateful to my supervisor, Dr. Deodatus C.V. Kakoko for his guidance throughout the proposal to the final dissertation. Special thanks to the academic staffs of the School of Public Health and Social Sciences (SPHSS) for their help and constructive criticisms especially during the early development of the proposal.

Lastly, but not least, I would also like to extend my appreciation to my family and fellow MPH students for their support and assistance during my study.

# **Dedication**

This work is dedicated to my beloved parents for giving me education which is the best heritage in life one can ever receive.

### **ABSTRACT**

### **Background**

National governments and international agencies, have commitment in scaling up health interventions and meeting the Millennium Development Goals (MDGs). Scaling up health intervention means expanding health services that are only reaching small population to the national level. Examples of basic interventions are Malaria Treatment, ART, IMCI, FANC, EmONC, PMTCT, HIV and TB. The question is "to what extent, institutions training health service providers are involved and incorporating these essential health interventions into their health curriculum?"

### **Objective**

The main objective of this study was to assess involvement of training institutions which offer diploma in nursing in incorporating essential health interventions (HIV/TB) into their health curriculum in Dar es Salaam, Tanzania.

### Methodology

This study involved four universities which offer diploma in nursing in Dar es Salam, one public (Muhimbili University of Health and Allied Sciences) and three were owned by private organizations (International Medical Training University- IMTU, Agakhani University and Hurbet Kairuki Memorial University. Two respondents were recruited for IDIs from MoHSW and ITECH. Four Principals of the schools and 21 tutors in four universities were interviewed. Qualitative data was analyzed using Framework Analysis while quantitative data were analyzed using frequencies and percentages.

### Results

Health interventions are included in training curricula. Few tutors are involved in some stages of curriculum development and few have attended the courses to teach the interventions in recent years. There are also problem in availability and accessibility of teaching and learning materials for students.

### **Conclusions and Recommendations**

It is concluded that training institutions are less involved in updating of curricula, tutors and teaching and learning materials. Seminars and workshops should also consider preservice nurses and their tutors. This will result in having competent graduates and reduce greatly absenteeism from work place for in-service workers as most workshops are done outside working stations.

# **Table of Contents**

Certificationi
Declaration and Copyrightii
Acknowledgementiii
Dedication iiv
Abstractv
List of abbreviationsix
Appendicesix
CHAPTER ONE1
1.0 Introduction1
1.1 Background information
1.2 Problem statement5
1.3 Rationale of the study5
1.4 Research question6
1.5 Broad Objective
1.6 Specific Objectives6
1.7 Conceptual Framework
CHAPTER TWO8
2.0 Literature review8
2.1 Involvement of training institution in incorporating health interventions8
2.2 The extent to which health interventions are included in curriculum9
2.3 Factors that facilitate and hinder inclusion of interventions into curriculum10

CHAPTER THREE	12
3.0 Methodology	12
3.1 Study area	12
3.2 Study design	11
3.3 Study population	11
3.4 Sample size	13
3.5 Sampling technique	13
3.6 Data collection	13
3.7 Pre - testing	14
3.8 Ethical considerations	14
3.9 Data processing and analysis	14
CHAPTER FOUR	15
4.0 Results	15
4.1 Socio demographic Characteristics	15
4.2 Incorporating of Interventions into Training Curricula	16
4.3 Mechanisms Used to Incorporate New Interventions in Curricula	17
4.4 Accessibility of Curricula to Trainers	18
4.5 Factors that Facilitated inclusion of Interventions into Curricula	18
4.6 Factors Inhibiting the Incorporation of Interventions in Curricula	19
4.7 Availability of Training Materials	20
4.8 Reasons for Non-Availability of Training Materials	22
4.9 time allocation	22
4.10 Practical exposure	23
4.11 Capacity of Tutors to Train students on the Interventions	23

CHAPTER FIVE	26
5.0 Discussion	26
5.1 Incorporation of essential interventions into a health curriculum	26
5.2 Factors that facilitate and hinder inclusion of interventions into curriculum	m.29
CHAPTER SIX	30
6.0 Conclusion and recommendations	30
6.1 Conclusion	30
6.2 Recommendations	31
6.3 Recommendation for future research	32
REFERENCES	33

### **List of Abbreviations**

AIDS Acquired Immunodeficiency Syndrome

ART Antiretroviral Therapy

EmONC Emergency Obstetric and Neonatal Care

FANC Focused Antenatal Care

GFATM Global Fund to Fight AIDS, Tuberculosis and Malaria

HIV Human Immunodeficiency Virus

IMCI Integrated Management of Child Illness

ITECH International Training and Education Centre for Health

MCT Mother to Child Transmission

MUHAS Muhimbili University of Health and Allied Sciences

MOHSW Ministry of Health and Social Welfare

MMAM Mpango wa Maendeleo wa Afya ya Msingi (PHSDP)

NACP National AIDS Control Programme

NTLP National TB and Leprosy Control Programme

PHSDP Primary Health Services Development Programme

PMCT Prevention of mother to child transmission

PLHIV People living with HIV

TACAIDS Tanzania Commission for AIDS

TB Tuberculosis

TB/HIV The Intersecting Epidemics of TB and HIV

UNAIDS Joint United Nations Programme on HIV/AIDS

## **APPENDICES**

Appendix I Questionnaire for Trainers (English Version)	35
Appendix II Dodoso ya walimu (Swahili version)	41
Appendix III Questionnaire for Principals	47
Appendix IV Dodoso kwa wakuu wa vyuo	49
Appendix V Questionnaire for students	59
Appendix VI Dodoso ya wanafunzi	63
Appendix VII Questionnaire for other stakeholders	67
Appendix VIII Dodoso kwa wadau wengine	68
Appendix IX Informed consent	69
Appendix X Ridhaa ya mshiriki	72

#### CHAPTER ONE

### 1.0 INTRODUCTION

### 1.1 Background information

National governments and international agencies, including programmes such as Global Alliance for Vaccines and Immunizations (GAVI) and the Global Fund to Fight AIDS Tuberculosis and Malaria (GFATM), have committed to scaling up health interventions and meeting the Millennium Development Goals (MDGs) (Torres, 2005). Scaling up health intervention means expanding health services that are only reaching small population to the national level (Cesar, 2004). Accordingly, the National AIDS Control Programme (NACP) of the Ministry of Health and Social Welfare (MOHSW) plans to expand and strengthen the care, treatment and support services to rural communities and make the services accessible to all in need by 2017 (MOHSW, 2007).

Examples of basic Intervention are Malaria Treatment, Antiretroviral Treatment (ART), Integrated Management of Childhood Illnesses (IMCI), Focused Antenatal Care (FANC), Emergency Obstetrics and Neonatal Care (EMoNc), Prevention of Mother to Child Transmission of HIV (PMTCT), HIV and TB (MOHSW, 2007). Given these interventions, the study focused more on the involvement of training institutions in scaling up of health interventions specifically on HIV and TB interventions in nursing diploma schools.

Tuberculosis continues to be among the major public health problems in the country accounting for 7% of the burden of disease in the country up from 5% in 1999. The

number of tuberculosis cases notified in country has steadily increased from 11,753 in 1983 to over 64,000 in 2004, which is almost six-fold increase. Data from AMMP shows that TB is the third cause of deaths among adults after malaria and HIV/AIDS. Various studies conducted in the country show that the rapid increase of tuberculosis is mainly attributed to the HIV epidemic, but other contributing factors include population growth and overcrowding especially in urban settings. TB is one of the earlier indicators of HIV infection and it is estimated that 40-50% of all HIV infected individuals in Tanzania may develop tuberculosis during their life time (MOHSW, 2007).

There is a need to intensify the fight against tuberculosis, especially this time with the increased prevalence due to HIV/AIDS. According to the National AIDS Control Programme surveillance report No. 1 December, 1998, it is documented that approximately 49% tuberculosis patients were also infected with HIV. Similarly TB is the leading cause of death among AIDS patients accounting for about 21% of all AIDS-related deaths. Other consequences include stigmatization of the TB diagnosis, which is automatically associated with HIV/AIDS by health workers and the community at large (MOHSW, 2000).

The focus on the involvement of training institutions in incorporation of health interventions into health curriculum specifically on HIV and TB interventions in nursing diploma schools; is due to the fact that it is believed that competent nurses and midwives who provide primary, secondary and tertiary health care will contribute to a significant reduction in deaths and disease for rural women and children.

Health training institutions provide an important contribution to improving the human resource base for the health sector which is very important for meeting the MDGs and general population health improvement. The situation in Tanzanian training institutions has been less involved in incorporating health intervention into health curriculum and produces few health workers in the past fifteen years compared to the actual needs. Since 1994, the health worker density had fallen from roughly 28 to 15 per 10,000 people in 2002, before the reaching its present low (Kurowski et al, 2003). While WHO has determined that 23 skilled health workers per 10,000 people is the minimum ratio to provide the best standard of health care needed to meet the United Nations' (UN) Millennium Development Goals (MDGs), the number in Tanzania is a little over five (Angus et al, 2009).

The MOHSW staffing levels versus existing staff shows an enormous HRH shortage across all main cadres. It is worse among Clinicians, Nurses, Pharmaceutical Technicians, Laboratory Technicians, Radiographers, Therapists, Health Officers and Health Administration cadres. According to the MOHSW staffing level (1999 required) 46,868 qualified health professionals in the public health facilities are while the available technical staffs are 15,060 which equals to 32.1% of the requirement, this reveal a shortage of 31,808 equal to 67.9%. This analysis reflects the whole system from the lower level up to the higher level of the health services (MOHSW, 2008).

The country has 126 training institutions of which government owns 62 and 64 are owned by the private sector and faith based organizations. There are also 6 medical universities 5 of which are privately owned. For the past nine years the output from

medical schools is 23,536 including all cadres in health from certificate to postgraduate studies. This is far below the required output that would bridge the existing human resources shortage. The Ministry of Health and Social Welfare has established 8 Zonal Training Centers (ZTC) to facilitate the update of health workforce skills particularly at the district level. Given the changing and expanding roles of health workers it is necessary to ensure that in service training/continued professional development is essential interventions to build their competence (MOHSW, 2007).

Human resource for health is the first priority of PHSDP. PHSDP seeks to address the human resources crisis by increasing output both in terms of quantity and quality. The thrust is to have in place the right number of qualified, skill mix and motivated staff in right place at the right time. Expansion of training intake, recruitment and creating an enabling environment that will facilitate retention of health workers are some of the measures to be undertaken. This will demand providing attractive incentive package targeting mainly those working in hard to reach difficult areas. Increase, expansion and rehabilitation of health training institutions will be prioritized. Equally important will be provision of teaching equipments and materials. Overall objective is to employ and deploy skilled staff to fill the current gap of 68 percent of required human resources (MOHSW, 2007).

The scaling up of the HIV/AIDS and TB related intervention cluster, in particular the treatment and care of people living with HIV/AIDS; example by 2017, the NACP plans to scale up quality counseling and testing services in the country from 15% to 60% of the population aged 15–49 years (MOHSW, 2007) was the primary driver of increases

in HIV/TB interventions and hence need for human resource for health requirements. In July 2008 the United States Congress reauthorized the president's Emergency Plan for AIDS Relief (PEPFAR) and in so doing called for investment in pre-service training to create 140,000 general health workers deemed essential to achieve success of its HIV/AIDS specific objectives (Lantos et al, 2008). A common theme in this analysis has been the importance of scaling up pre-service training in building a sustainable health workforce (Crisp et al, 2008)

The main focus of attention when new interventions are introduced has been health providers who are in service and very little to students and their teachers (pre-service training) (Cesar, 2004). For a sustained scaled up response to global public health challenges such as HIV/AIDS will require a functioning and efficient health training institutions. Cost-effective public health interventions are inequitable, and short-lived, this is because training is organized centrally by a vertical programme concerned, with teams from the MoHSW or health NGOs travelling all over the country, taking too long to cover the intended target countrywide. When the people who have been trained move away to other work stations, they leave a few persons or none to implement the change.

### **1.2 Problem Statement**

Involvement of health training institutions in incorporating of essential health interventions into the health curriculum in this country is done through different mechanisms; such as participating in training needs assessment, participating in a workshop to analyze the training needs analysis findings and participating in a workshop

to review the draft of the curriculum. It has been a usual practice to introduce new interventions into the health care system by training national trainers. National trainers are then expected to roll out the training of health workers country-wide for the new intervention to be implemented by health workers through seminars and workshops (MOHSW, 2007). The main focus of attention when new interventions are introduced has been health providers who are in service. So the main focus of this study was to assess to what extent health training institutions are involved in incorporation and implementation of essential health interventions into the health curriculum specifically HIV/TB.

### 1.3 Rationale of the Study

The study contributes to an understanding on the importance of involving health training institutions in incorporation and implementation of health interventions into health curriculum. When policy makers, program and project planners as well as implementers of different health interventions; during planning scaling up of health interventions should also consider training institutions as they are the main producer of human health work force. This will also reduce the burden of organizing workshops; which contribute a lot to absenteeism to work station. Such understanding is critical to sustainability of different health programs. In addition, the study through its findings identifies potential areas for further study in utilization of health training institutions in scaling up health interventions.

### 1.4 Research Question:

The study intended to answer one main question, "to what extent, health training institution has been involved in incorporation and implementation of new essential health interventions into the health curriculum?

### 1.5 Broad Objective

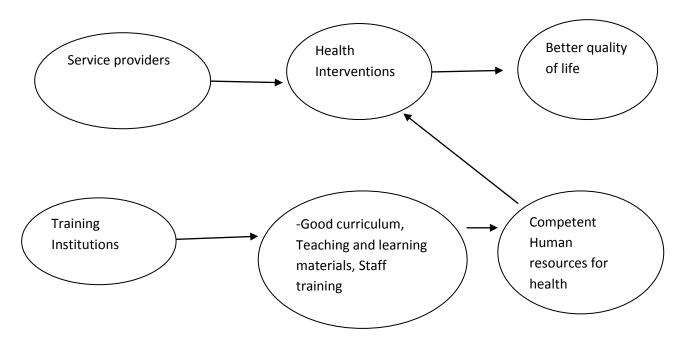
The main objective of this study was to assess the involvement of training institutions in incorporation and implementation of essential health interventions into the health curriculum (HIV/TB)

### 1.6 Specific Objectives

The specific objectives of this study were:

- To assess the extent to which the training institutions offering Diploma in Nursing are involved in incorporation of essential interventions into health curriculum (HIV/TB)
- 2. To assess the extent to which the new interventions (HIV/TB) are included in diploma nursing curricula.
- Identify mechanisms which have been used to incorporate new health interventions in the training curricula.
- 4. Identify factors that facilitate inclusion and delivering of new interventions into health training curricula.
- 5. Identify factors that hinder inclusion and delivering of new interventions in health training institutions

**Diagram: 1**. Conceptual framework for incorporating health interventions into health curriculum.



Adapted from: Bosher (2001)

### **CHAPTER TWO**

### 2.0 LITERATURE REVIEW

# 2.1 Involvement of training institutions in incorporating essential health intervention in health curriculum.

The training institutions are likely to make significant improvements to the implementation of different health interventions, include adapting or revising the curriculum into competence-based which focus mainly on leaner not only to have knowledge but also be able to perform various functions in various context (skills) and revising trainee selection process. Thus on job and continuing education need to be provided to health workers specifically tutors (Kweka, 2010).

Currently the Government of the United Republic of Tanzania has formulated a national plan to increase access to health services called Primary Health Service Development Programme (PHSDP) 2007 – 2017, famously known as MMAM (MOHSW, 2007) One of the key issues in this plan is increasing the output of graduates from health training institutions and deploying them to work in health facilities of all levels. A number of strategies have been implemented to achieve increased outputs of training institutions, such as reducing the duration of training, upgrading of schools for enrolled nurses and doubling the intake into these institutions.

Health training institutions provide an important contribution to improving the human resource base for the health sector which is very important for meeting the MDGs and general population health improvement. Nevertheless, in many health sector programmes in developing countries, there is hardly attention for involving training institutions in scaling up of different health interventions. Tanzania has a total of 116

Health Training Institutions; overall the scope of the existing training institutions is aligned to meet the needs of the Health Sector. However, there exist concerns about the quality of the training provided in relation to National Accreditation Council of Technical Education (NACTE) and Tanzania Commission for Universities (TCU) standards (MoHSW, 2008)

The desired long-term impact of training is to improve performance and ultimately, to contribute to the achievement of demographic and health goals. It is difficult to demonstrate a direct link between training and these long-term results because of many factors other than training that are involved. However, it is possible to demonstrate the impact of training on staff skills and performance. Good individual performance will lead to strong organizational and program performance and better client services, and eventually make a significant contribution to the achievement of desired demographic and health goals (Kweka, 2010).

### 2.2 The extent to which health interventions are included in curriculum.

A number of training modules have been developed by various programmes, but some of them are not reflected in the school curriculum and hence short term training in form of seminars is predominant. These short term trainings have been undertaken in areas where new skills had to be imparted. The multiplicity of training modules has overwhelmed both countries and training institutions. In service training has neither been integrated nor rationalized thus keeping health workers away from duty stations for long periods of time. Capacity building has occasionally not translated into improved

service delivery due to lack of supervision of those who have been trained and lack necessary inputs e.g. equipment to enable them apply acquired skills (Hans, 2000).

Health interventions are continuously and rapidly invented, thus having proper cost effective mechanisms for scaling up these interventions is important. Training institutions need to be regularly updated to be able to provide effective and quality health care to the population utilizing new knowledge and interventions. Thus, on job and continuing education is needed to be provided to health educators. Guidelines and management protocols need to be updated to guide health educators to deploy new interventions to their students and in the provision of health care (Crisp et al 2008)

# 2.3 Factors that facilitate and hinder inclusion of health interventions into curriculum.

Graduates from training institutions need to be provided with training so as to cope with the new interventions while in school. Unless new interventions are incorporated into the training curricula for pre-service training, the burden for organizing in service training will continuously increase. Though the process of curriculum review is extensive, requiring stakeholders' consultation and training needs analysis, it is important to find mechanisms for updating the training institutions on new developments in health, as neglecting them has both social and economic disadvantages (Kweka, 2010).

Training programmes need to be evaluated regularly; evaluation situates the health training schools and their programme within the context of its socio-political environment, i.e. the needs of the population, the health status, the national priorities,

and the situation of health workers (medical and non-medical) including the adequacy of the means put at its disposal to respond to the identified needs (MoHSW, 2007)

The involvement of training institutions in scaling up of different health interventions is low though the number of health schools in sub-Saharan Africa is increasing (Cesar, 2004). Besides government health schools, private non-for-profit nursing schools are coming up. The increased output is necessary to cope with the needs of the health sector. These new nursing schools are struggling to develop a modern up-to-date curriculum. The curriculum in many countries is still geared towards hospital care, with little attention for the curative and preventive activities that nurses carry out in primary health care. Nursing schools are often small institutions, attached to hospitals, they are understaffed, under-resourced and they do not have the capacity to modernise the curriculum (Cesar, 2004)

### CHAPTER THREE

#### 3.0 METHODOLOGY

### 3.1 Study area

This study was conducted in health training institutions which offer diploma in nursing education in Dar es Salaam, Tanzania. This area was chosen because, Dar es Salaam is the only region in Tanzania with many training institutions which offer diploma in nursing and easily to get respondents from both public and private training institutions, with different experience and can answer a research question.

### 3.2 Study design

The study was cross sectional where by both qualitative and quantitative approach (mixed research methodology) was applied to gather information. The integration of quantitative and qualitative data and findings in studies presented as mixed methods research is rarely seen (Bryman, 2006; Greene, Caracelli, & Graham, 1989; Niglas, 2004), although maximizing the potential of the approach depends on this (O'Cathain, Murphy, & Nicholl, 2007).

Quantitative and qualitative components can be considered "integrated" to the extent that these components are explicitly related to each other within a single study and in such a way as to be mutually illuminating, thereby producing findings that are greater than the sum of parts.

Qualitative research methodology was mainly employed due to the strength of the qualitative methodology which situates individuals in a socio-cultural context, basing on the belief that reality is complex and socially constructed (Bernard, 1990; Mason, 2002).

### 3.3 Study population

Study population was consisted of tutors, trainers and final-year students of the sampled nursing health institutions. In addition, selected key informants from Ministry of Health and Social Welfare, development partners who support the scaling up of the interventions and Program managers were interviewed.

### 3.4 Sample size

The sample size consisted of a total of 91 respondents as follows; 4 Principals, one from each institution, 21 teachers who teach about HIV/TB, 64 final year students, 2 key informants from MoHSW and International Training and Education Centre for Health (ITECH) and desk review of nursing diploma curriculum

### 3.5 Sampling technique

Both non probability and probability sampling techniques were used. Non-probabilistic sampling approach involved purposive sampling which involves personal judgment about which units will be most representative of the study population or purposive sampling used to define the characteristics and structure of sample in advance/prior to collecting data. Key informants were purposively selected according to their positions and roles in training and management of programs of the selected interventions in this study e.g. from ITECH, MOHSW. Probability sampling technique involved simple random sampling of the final year students who were studying diploma in nursing.

### 3.6 Data collection

Several methods of generating research data were used such as; interviews (semi-structured in-depth interviews i.e. with interview guides) and review of curricular documents were used for qualitative data, while questionnaire survey for final year students who study nursing program was used to collect quantitative data.

### 3.7 Pre-testing

Before the actual data collection process, data collection tools were pre-tested in order to countercheck for appropriateness of the questions. Examples some of the questions were corrected to ensure its validity and reliability, not only that but some errors on spellings and options in the questions were corrected.

### 3.8 Ethical considerations

Ethical clearance for the study was obtained from the Directorate of Postgraduate

Studies of Muhimbili University of Health and Allied Science (MUHAS). Informed

consent forms for the participation in the study were attached to the questionnaires. The

respondents were informed that information collected was just for research purpose and

hence no one is authorized to access it except the principal investigator.

### 3.9 Data processing and analysis

Qualitative data was analyzed using Framework Analysis and collected quantitative data were analyzed using frequencies and percentages after being checked for consistency and missing information.

As Bogdan and Biklen (1982, p.145) define qualitative data analysis as "working with data, organizing it, breaking it into manageable units, synthesizing it, searching for patterns, discovering what is important and what is to be learned, and deciding what you will tell others". As such, qualitative analysis requires some creativity, for the challenge is to place the raw data into logical, meaningful categories; to examine them in a holistic fashion; and to find a way to communicate this interpretation to others. As therefore recommended by Rich & Ginsburg (1999), qualitative analysis began during data collection and continued and evolve throughout the research as guided by Kvale (1996).

### **CHAPTER FOUR**

### 4.0 RESULTS

### 4.1 Socio demographic Characteristics

Four universities which offer diploma in nursing in Dar es Salam were involved in the study, one public (Muhimbili University of Health and Allied Sciences) and three were owned by private organizations (International Medical Training University- IMTU, Agakhani University and Hurbet Kairuki Memorial University. Two respondents were recruited for IDIs from MoHSW and ITECH.

Four Principals of the schools were interviewed to provide information on the incorporation of the interventions in the training in their respective schools.

A total of 21 tutors in the 4 universities were involved in the study. Their average duration of stay in the teaching programmes 5.27 ranged from 1-13 years; thus, the tutors have a long enough experience to provide reliable information on the programmes they are involved in teaching. A total of 64 students in their last year of their training programme were involved in this study. This information can be summarized in table below:

Table 1: Socio Demographic Characteristics (n=91)

Institution	Principals	Tutors	Students	IDI
MUHAS	1	8	25	-
IMTU	1	4	14	-
AGAKHAN	1	4	12	-
KAIRUKI	1	5	13	-
ITECH & MOH	-	-	-	2
TOTAL	4	21	64	2

### 4.2 Incorporating of Interventions into Training Curriculum

According to tutors of the 4 universities, 72% of them reported the inclusion of different interventions in training curricula. In particular ART and IMCI interventions were reported most frequently to have been incorporated into the training curricula (83% and 80% respectively) followed by FANC (70%), PMTCT and EmONC (each by 67%). The MCT intervention was reported to have been least incorporated into the training curricula (63%), Table 2.

On average 8% of the tutors were not aware of the incorporation of the interventions in the training curricula (Range, 3 - 13%)

Table 2: Interventions Included in the Curriculum as Reported by Tutors (n= 21)

Intervention		Response	
	Yes	No	Don't Know
	n (%)	n (%)	n (%)
IMCI	17( 80)	3(17)	1(3)
ART	18(83)	3(17)	0
MCT	13(63)	5(21)	3(16)
FANC	15(70)	3(17)	3(13)
<b>PMTCT</b>	14(67)	4(20)	3(13)
<b>EmONC</b>	14(67)	5(23)	2(10)
Total	15(72)	4(20)	2(8)

Depending on the intervention, students ranging from 53% to 59%, acknowledged the incorporation of interventions in the curricula; 23% of the students were not aware of the incorporation of the interventions into the training curricula, range, 21- 25% (Table 3).

Table 3: Interventions that were Incorporated in the Curriculum as Reported by Students (N=64)

Intervention		Response		
	Yes	No	Don't Know	Missing
	n (%)	n (%)	n (%)	n (%)
IMCI	34(53)	5(8)	16(25)	9(14)
ART	34(53)	5(8)	16(25)	9(14)
MCT	38(59)	3(5)	13(21)	10(15)
FANC	36(57)	3(5)	15(23)	10(15)
<b>PMTCT</b>	38(59)	3(4)	14(22)	10(15)
EmONC	35(54)	4(6)	16(25)	10(15)
Total	36(56)	4(6)	15(23)	10(15)

### 4.3 Mechanisms Used to Incorporate New Interventions in Pre-service Curricula

Tutors reported that the mechanism that was mainly used to incorporate interventions into curricula was schools' participation in workshops to review the draft curricula (60%). However schools were least involved in both Training Needs Assessment (TNA) and in workshop to analyze TNA although according to Tutors' responses, there was a small proportion (20 - 33%) of schools from various programmes that participated in workshop to analyze TNA. Generally there was limited use of other mechanisms such as refresher courses, development of trainers guide or refinement of the curriculum (See Table 4).

Table 4: Mechanisms Involved by Schools in Preparation of the Curriculum by School Ownership (N = 21)

Mechanism	Ownership		Total
-	Public n (%)	Private n (%)	n (%)
Participating in Tra	aining Needs Assessn	nent (TNA)	
Yes	6(27)	1(3)	7(30)
No	12(60)	2(10)	14(70)
Total	18(87)	3(13)	21(100)
Participating in a V	Vorkshop to Analyze	TNA Findings	
Yes	4(20)	1(3)	5(23)
No	14(67)	2(10)	16(77)
Total	18(87)	3(13)	21(100)
Participating in a w	orkshop to review th	ne draft of the curricul	um
Yes	10(47)	3(13)	13(60)
No	8(40)	0	8(40)
Total	18(87)	3(13)	21(100)

### 4.4 Accessibility of Curricula to Trainers

Accessibility of curricula to trainers was observed to be good. Most trainers (N 19, 91%) said that they had the curriculum although when asked to show the curricula, 26% were not able to show it to the interviewers. About half of the trainers had their own copies of the curricula. Other common sources of the copies of the curricula were from the study coordinators and the office of the principal.

# 4.5 Factors that Facilitated the Inclusion of New Interventions into Pre-service Training Curricula

Tutors noted that the influence to include the new interventions was mainly from policy change in the MOHSW and from Development Partners (See Table 5).

Table 5: Factors that have Facilitated the Inclusion of Tracer Interventions in  $Training \ Curriculum \ (N=21)$ 

Factor	Tutors
	Number (%)
Policy change in the MoHSW	10(47)
New WHO guidelines and standards	2(10)
Influence of Development Partners	3(13)
Health needs of the community	2(7)
NACTE needed modular style of teaching	1(3)
Don't Know	1(3)
Missing	4(17)
Total	21(100)

Tutors also indicated other factors that had an influence to incorporation of interventions into curricula (See Table 6)

Table 6: Other Factors That Facilitated the Inclusion of Tracer Interventions in Training Curriculum

- 1. 'New WHO guidelines and globalization'
- 2. 'Science and technology advancement'
- 3. 'Resource management need'
- 4. 'Decentralization need people to learn management'
- 5. 'New WHO guidelines and emerging new diseases'
- 6. 'I-TECH with HIV/AIDS'
- 7. 'Ministerial boards'
- 8. 'A lot of deaths need to be addressed by these interventions'
- 9. 'Annual report informs about these diseases therefore for incorporation'

### 4.6 Factors Inhibiting the Incorporation of Interventions in Training Curricula

There were also factors that were inhibiting tracer interventions from being incorporated into the curriculum as expressed by tutors, summarized in Table 7 below.

Table 7: Factors Inhibiting the Inclusion of Tracer Interventions in Training Curriculum (21 Tutors)

\_

Inhibiting factor	Example		
Inadequate Human Resources	'Shortage of tutors and time for the undergoing		
to teach interventions	course'		
Lack of funding and resources	'The MoHSW does not have enough fund to		
for curriculum implementation.	develop/update curriculums'		
	'The big number of tutors makes difficult for them		
	to attend to curriculum review.'		
	'Inadequate fund for part time tutors'		
	'Funding for review after every four years is a		
	challenge'		
Lack of coordination and	'Time factor imparting too much without regarding		
organization among	the challenges of implementing the curriculum on		
stakeholders	raining'		
	'Lack of cooperation and coordination betw		
	stakeholders'		
	'Stakeholders not aware of what is going on'		
	'Many vertical programs work individually'		
Lack of expertise for curriculum	'Institutes lack the expertise to train such		
development	interventions'		
	'No capacity to develop curriculum'		
	'Structure of curriculum does not allow the		
	inclusion of these interventions'		

### 4.7 Availability of Training Materials

Availability of training materials for the interventions as reported by tutors is 59%, ranging from 47% (MCT) to 73% (PMTCT). Materials for tutors (training manuals and reference) are more available (61% and 62%, respectively) than students' learning materials (54%) as seen from Table 8. Thus, in general, there is low availability of training materials for the interventions.

Table 8: Availability of Training Materials for Different Interventions as Reported by Tutors (n=21)

Intervention	TTM	TRM	SLM
	n (%)	n (%)	n (%)
TB	15(73)	14(67)	12(57)
HIV/AIDS	14(67)	14(67)	12(57)
Average	14.5(70)	14(67)	12(57)

**Key:** TTM = Tutor Training Manual

TRM = Tutor Reference Materials

SLM = Student Learning Material

Tutors report a lower level of availability of training materials compared to principals, 43% and 59% respectively. Both principals and tutors reported student learning materials to be more lacking than tutors training manuals and reference materials

Table 9: Availability of Training Materials for Different Interventions as Reported by Students

Intervention	Public	Private	TOTAL
	n = 25(%)	n = 39(%)	N = 64(%)
TB	14(55)	21(53)	35(54)
HIV/AIDS	17(69)	23(59)	40(67)
Average	15(62)	22(56)	38(60.5)

Table 10: Accessibility of Training Materials for Different Interventions as Reported by Students (Derived From Annex A: 38)

	Institutions		
Intervention	Public	FBO	Total
	n = 25(%)	n = 39(%)	N = 64(%)
TB	6(22)	9(22)	14(22)
HIV/AIDS	9(37)	9(23)	18(30)
Average	7(29.5)	9(22.5)	16(26)

### 4.8 Reasons for Non-Availability of Training Materials

General responses by tutors on why there are no materials, not adequate or why not updated were that there was lack of funds and that there is poor communication between Ministry of Health and Social Welfare and training institutions. However there are specific reasons for poor availability of materials for individual interventions in schools as narrated by Tutors (See Table 11)

Table 11: Reasons given by tutors for poor availability of training materials for individual interventions

Intervention	
ТВ	'Tutors are not trained'
	'Competence based curriculum assessment needs one to one
	observation, no enough tutors to do this'
	'Updated versions of curriculum not supplied by the MOHSW'
HIV/AIDS	'Books not supplied by MOHSW'
	'Difficulties in training'
	'increases number of students but the number of tutors and
	materials remains the same'

#### 4.9 Time Allocation

The views about time allocated to the teaching of the intervention in the curricula varied. Views of tutors was balanced between those who thought that the time allocated for teaching interventions was enough and those who thought that it was not. This was particularly noted for TB and FANC that time was enough while tutors of Diploma in nursing (61%) noted that time allocation for HIV/AIDS was inadequate in the curriculum.

#### 4.10 Practical Exposure

There were differing views about students' practical exposure to various interventions. Majority of tutors (61% - 71%) noted that different interventions were provided adequate practical exposure in the curriculum.

#### 4.11 Capacity of Tutors to Train students on the Interventions

Few trainers have attended courses to teach the interventions in the recent years. Those who attended various intervention courses in the last six months range from 5% -18%, and those between 1 - 2 years range from 15% - 35%. Most tutors have either not attended course recently (more than two years) or have never attended any course (See Table 12).

The majority of them (21%) had the training more than two years. The intervention that had the widest coverage in training is HIV/AIDS (53%) and most of the tutors had their training within the past two years

Table 12: Teachers response to when they last attended courses to teach indicated interventions (N=21)

Intervention	Less than 6	Between 1 –	More than	Never (%)	TOTAL
	months ago	2 years ago	2 years ago		
	n(%)	n(%)	n(%)		
TB	1(5)	3(15)	7(34)	10(46)	21(100)
HIV/AIDS	4(18)	7(35)	2(8)	8(39)	21(100)
Average	3(11.5)	5(25)	4(21)	9(42.5)	21(100)

Also tutors of schools provided recommendation that are presented as suggestions to specific interventions (See Table 13) and general recommendations (See Table 14).

Table 13: Suggestions given by Tutors for improvement to specific intervention

Intervention	Recommendations by tutors			
	'TB is good we need more time, teaching books and equipments'			
	'The ministry should make sure training materials are available			
	refresher training to all tutors'			
	'If possible funds need to be allocated to our institution to facilitate hiring			
ТВ	external tutors'			
	'Clinical instructors should also be trained'			
	'Increase number of tutors, getting more funds at the right time and			
	improve the facilities'			
	'Improve manpower for practical purpose, provide TTM'S, TRM'S, STM'S'			
	'Students should attend fully HIV clinics'			
	'We need to have manuals for students as photocopying for each is			
	expensive'			
	'Teachers/tutors should be exposed to this intervention to reduce challenge			
	when teaching in-service'			
HIV/AIDS	'Tutors should not attend too many workshops in order to get little' time to			
	perform their duties'			
	'We need places for practical exposure to reduce number of students'			
	'Improve tutors knowledge, and improve the facilities (was mentioned for			
	all interventions)'			
	'Improve the library, add more manuals'			
	'Need to have integrate TB/HIV training'			

#### **Table 14: RECOMMENDATIONS BY TUTORS**

- 1. 'As researchers please send us new developments that could be useful'
- 2. 'Curriculum review should be done to incorporate these interventions'
- 3. 'Needing teaching and supporting staff, majority of tutors are retiring in five years time'
- 4. 'Need for clear information of what exist and where things are available.'
- 5. 'Overcrowding of students, becomes challenging to manage practicals'
- 6. 'Supervision need to be kept up... it will identify gaps and will be easy for tackling.'
- 7. 'To train institutional teachers as TOT's for other institutes'
- 8. 'Motivation and incentives to tutors need to be recognized as they are crucial'
- 9. 'Have transport to take students to the practicals'
- 10. 'Part time teachers shy away because of lack of funds ...no money to pay them.'
- 11. 'All tutors generally need training to update themselves as they lack skills on the interventions mentioned'
- 12. 'Be realistic and have adequate time to cover everything in all intervention'

#### CHAPTER 5

#### 5:0 DISCUSSIONS

#### 5.1 Incorporation of essential interventions into health curriculum

Curriculum reflects the kind of society to which we aspire. It is recognised that there are no effective educational reform processes without a strong vision of curriculum. To further improve the quality of education, it is necessary to develop a curricular that justifies the relevance and pertinence of *what, why, and how* to teach health professional students at different educational levels, according to a society's expectations and demands. Curriculum can be viewed as a product (the "what") and a process ("the how"). Both aspects are equally important and complementary (Njabili, 1999)

A comprehensive vision of curriculum should include: learning outcomes to be achieved, pedagogical strategies related to teaching and learning processes, teaching materials for teachers and students, disciplinary contents, assessment of learning outcomes and achievements, and the management of the curriculum.

Study revealed that all health training institutions visited in this study uses the training curricula that have been developed by the Ministry of Health and Social Welfare. Between 2005 and 2006 the Ministry reviewed the nursing curricula to conform to NACTE competence based and modular curricula requirement, though the ministry has draft of revised curriculum of 2011(MOHSW, 2011) and some faculty have copy, but the commonly used curriculum is of 2006. During this process, the new interventions were also incorporated into curricula.

This study shows that involvement of tutors in curriculum development at the stage of developing and reviewing of the draft of the curriculum has been adequate, but the involvement of the tutors in training needs assessment (TNA) and analysis of the results has not been adequate. Studies done in other developing countries also show that tutors are less involved in training needs analysis (Bosher, 2001).

Training Needs Analysis (TNA) is a collaborative process between key stakeholders e.g. organizations, the workforce and the service user. TNA should be the first step in exploring the needs of the workforce, before developing curriculum. TNA allows for reflection and examination of current and future work and skills in order to identify gaps and explore how these gaps can be bridged. Collaborative TNA aims to increase ownership of outcomes in order to improve the quality of care to service users (Pedder, 1998)

The current NACTE process for curriculum review and development involves training needs assessment, analysis of the results of assessment and development of the draft curriculum. This process is an opportunity for capacity development of tutors as they get to be informed of the market requirement of the training programme that is to be developed, training needs and gaps of the current curriculum, and thus competencies that need to be included in the new curriculum. Greater involvement of tutors for the curriculum development at the various National Technical Awards (NTA) levels is a great opportunity not only for realizing relevance of the curriculum but also for building the capacity for tutors to implement the curriculum. Thus, as much as possible, more tutors should be involved in the curriculum review or development process (Angus, 2009).

Availability and accessibility of copies of the curricula to tutors and students is good. Copies of the training curricula are an important training material that should be available to tutors and students. Tutors should have copies of their own and students should be able to access them in the schools' libraries.

# 5.2 Factors that facilitate and hinder inclusion of health interventions into health curriculum.

#### (i) Training of Tutors

Though tutors have been in the training programmes for an average duration of 6.23 years, only few of them have attended courses to teach the interventions in the recent years. Most tutors have either not attended course recently (less than the past two years) or have never attended any course at all.

This is also shown by other studies that not much attention has been paid to Teacher Professional Development. The expansion of health training institutions requires a reexamination of the mechanisms for the preparation and development of tutors so that quality of education is not affected negatively. This is so because in Tanzania, as in most other developing countries, education means teachers. Due to lack of teacher's guides and essential texts, invariably, teachers are the key source of knowledge, skills, wisdom, appropriate orientations, inspiration and models for the students. As a consequence, the teacher is central in facilitating the processes that lead to meaningful education and students' learning outcomes are affected by teacher quality (Komba, 2008)

Considering the fact that the curricula have been reviewed during the years 2005 and 2006 and few tutors were trained in the interventions more than two years before and

most tutors have never had training in the interventions, their effectiveness in the training of the intervention is somewhat doubtful. According to the tutors of health training institutions, one of the inhibiting factors for the inclusion of interventions in the training of students was the lack of institutes' expertise to teach the intervention (Kweka, 2010)

Thus, tutors need to have more exposure in the training of the interventions. The interventions that have had the least coverage in training are EmONC, FANC and MCT. The majority of tutors who have been trained in HIV, had the training more than two years before.

#### (ii) Availability of Training Materials

Training Material are things used by the facilitators in a training environment interacting with the learner. Example lecture notes, exercises, lesson plans, books, demonstrations models etc. These materials store the information needed by the learner to perform tasks (Komba, 2008)

Generally, the availability of training material in health training institutions is good. However, there is a problem of availability of training material for the interventions in some schools. Studies shows that training materials assist in smooth organization and delivery of course materials (Roger, 2010). However there is a problem of accessibility of training materials to students. In fact, accessibility of training materials declines drastically from principals to tutors and students. The few copies of training materials

that are available tend to be kept at the principals' offices as there are no school libraries, and if present, they lack a librarian and, or are not properly managed.

#### **CHAPTER SIX**

#### 6.0 CONCLUSION AND RECOMMENDATIONS

#### **6.1 Conclusion**

As revealed in the study, not all health training institutions are teaching the interventions and that if taught is not done very effectively, as tutors are not adequately prepared to teach the interventions. Tutors and students also, do not have adequate access to health training materials related to the interventions.

The method of incorporating the interventions into health training curricula has mainly been the participation of tutors in reviewing the draft curriculum. Training needs assessment and training needs analysis have been less often used as methods of involvement of tutors in the curriculum development process. Private health training institutions have been the least involved in incorporating the new health interventions in health training curricula.

The focus of training new interventions had mainly been to in -service health providers and not to pre-service students (health training institutions) and hence has created another serious problem of absenteeism from their work place because most of the training is held outside the health facilities (MOHSW, 2008). Thus, health training institutions are not adequately involved in the campaign of scaling up of new health intervention; little have been done to improve the nursing curriculum and assisting nurse training schools, for example through training of tutors and making training materials available and accessible to tutors and students in different health training institutions in the country.

Policy change in the MoHSW, new WHO guidelines and standards and donor influence have been cited as the facilitating factors in incorporating health interventions in health training curricula while the shortage of tutors, lack of expertise among tutors to teach on the interventions and inadequate funding have been cited as the inhibiting factors.

#### **6.2** Recommendations

- Since the mechanism mainly used to include interventions into curriculum was
  schools' participation in workshops to review the draft curriculum, there is need to
  use more mechanisms such as refresher courses, development of trainers guide or
  refinement of the curriculum. There is also a need to involve schools in TNA
  analysis.
- 2. Mechanisms that were used such as involving schools in workshop to review draft curriculum it was noted that some schools were more involved compared to others and in some cases others were not involved at all. It is recommended that equal representation from all institutions should be considered.
- 3. There is need to update tutors on new interventions in order to capacitate them to teach students. At the moment most tutors have either not attended any course recently (more than two years) or have never attended any course at all.
- 4. For all interventions there is a need to have curricula available and accessible to tutors and also training/learning materials should be made available and accessible to both trainers and students. Establishment of libraries and their effective operation is essential for improving accessibility to health training materials.

# **Recommendations for future research:**

This study focused mainly on HIV/TB and carried out in schools which offer diploma in nursing in Dar es Salaam only; therefore further quantitative study is needed to study other health interventions, in different programs not only diploma in nursing and at different regions in Tanzania.

#### **REFERENCES**

- Angus, E (2009) *Action now on the Tanzanian health workforce crisis*, expanding health worker training –The twiga initiative, New York, NY 10022
- Bernard, R (1990) Research Methods in Cultural Anthropology, London Sage Publications
- Bosher, S (2001) *From needs analysis to curriculum development*: designing a course in health-care communication for immigrant students in the USA, Randolph USA.
- Cesar, G (2004) Achieving universal coverage with health interventions, the lancet, volume
  - 364 pp. 1555-1556
- Bogdan, C & Biklen, K (1982) *Qualitative research for education*, an introduction to theory and methods. Boston: Allyn and Bacon, Inc.
- Bryman, A (2006) *Integrating quantitative and qualitative research*: How is it done? Qualitative Research, 6, 97-113. Crisp et al (2008) "*Training the health workforce*, scaling up, saving lives." The Lancet: 689-91.
- Greene, J, Caracelli, V & Graham, W (1989) *Toward a conceptual framework for mixed-method evaluation designs*. Educational Evaluation and Policy-Analysis, 11, 255-274.
- Hans, P (2000) Scaling up HIV/AIDS programs to National coverage, science journal vol. 288 no. 5474 pp 2173-2176
- Komba, W (2008) *Teacher Professional Development in Tanzania: Perception and Practice*. Journal of international cooperation in Education; vol. 11 No 3 pp 67. CICE Hiroshima University.
- Kurowski et al (2003) *Human Resources for Health*, Requirements and Availability in Context of Scaling-Up Priority Interventions in Low Income Countries—Case studies from Tanzania and Chad" (London School of Hygiene and Tropical Medicine)
- Kvåle, S (1996) *Interviews: An introduction to qualitative research interviewing.*Thousand oaks, California: Sage.

Kweka, H (2010) scaling up health interventions, the case of MOHSW training institutions in Tanzania".

Lantos et al (2008) *Global Health Workforce*, United States Global Leadership Against HIV/AIDS, Tuberculosis and Malaria Reauthorization

Web. http://frwebgate.access.gpo.gov

Mason, J (2002) Qualitative Researching, London Sage Publications

MoHSW (2000) National package of essential health interventions in Tanzania.

MoHSW (2011) Curriculum of certificate and diploma NTA level 4-6 modules; Nursing Ethics.

MoHSW (2008) Human resource for health strategic plan, 2008-2013.

MoHSW (2007) "Primary health services development program (PHSDP) 2007-2017".

National Bureau of Statistics (NBS) [Tanzania] and Macro International Inc.(2009): Tanzania

HIV/AIDS and Malaria Indicator Survey (THMIS) 2007-2008 Key Findings. Calverton, Maryland, USA: NBS and Macro International Inc.

Njabili, A (1999) *Public Examinations: A Tool for Curriculum Evaluation*. University of Dar es Salaam

O'Cathain, A, Murphy, E, & Nicholl, J (2007) Integration and publications as indicators of

"yield" from mixed methods studies. Journal of Mixed Methods Research, 1(3), 147-163.Roger, N (2010) Training materials on productivity, soft skills and personal development; Watch Netherlands.

Pedder, L (1998) Training-needs analysis. Nursing Standard. 13, 6, 50-56

Torres, S (2005) *Population health*, Health Directorate Australia Bureau of Statistics.

URT-MOHSW (2008) Management of TB/HIV co-infected patients, Manual for Health Care

Workers at TB clinics and HIV Care & Treatment Centers. National Tuberculosis and Leprosy Programme and National AIDS Control Programme. Ministry of Health and Social Welfare Tanzania 2008.

#### **APPENDICES**

# APPENDIX I: QUESTIONNAIRE FOR TRAINERS (ENGLISH VERSION)

Involvement of training institutions in scaling up of health interventions: The case of nursing diploma in Dar es Salaam, Tanzania.

Number of questionnaire								
IN	TE	RVIEW	TO TEACHERS OF	F NURSING	TR	AININ	G INSTIT	UTIONS
	Da	ate of in	terview		• • • • •	•••••	•••••	••
	Na	ame of i	nterviewer	• • • • • • • • • • • • • • • • • • • •	•••••	•••••	• • • • • • • • • • • • • • • • • • • •	
	Na	ame of t	he School	•••••	•••••	•••••	•••••	
	A:	GENE	RAL CHARACTERI	STICS				
1.	Re	egion	Dis	trict				
2.	Ov	wnership	(Tick appropriate)					
		Public		[	]			
		Faith b	ased Organization	[	]			
		Parasta	ntal	[	]			
		Private	e for profit	[	]			
3.	Н	ow long	have you been teaching	g? (Tick whe	ere ap	propria	te)	
		No.	Duration			Tick		
		1.	Less than 6 months					
		2.	Between 6 months ar	nd 1 year.				
		3.	More than 1 year to 2	2 years				

More than 2 years.

4.

4. How long have you been into this training institution?

No	Duration	Tick
1.	Less than 6 months	
2.	Between 6 months and 1 year.	
3.	More than 1 year to 2 years	
4.	More than 2 years.	

#### **B: CURRICULUM ACCESSIBILITY**

5. Do you use a curriculum for the programme you teach? (*Tick the appropriate*)

No	Response	Tick
1.	Yes.	
2.	No.	

I	f no	nΪ	lease	90	to	question	On	7
- 1	1100	$_{\nu}$	CUBC	$\Delta$	•	cj cc c c c c c c	$\varphi$	,

(If yes request to see a copy)

1	. <i>Co</i> .	pν	seen	vear	

2. *Not seen\_\_\_\_\_* 

6. How do you access the curriculum? Tick where appropriate.

No.	Response.	Tick.
1.	I have my own copy	
2.	It is available from the principal's office	
3.	I get it from the academic officer	
4.	I get it from the library	
5.	Other places	
	(specify)	

Go to QN 8	
7. (If you ha	eve not been using a curriculum) what guides you in preparation of lessons?
i.	Experience
ii.	Use training materials from the training
iii.	Using manuals/Guidelines
iv.	Others
	(specify)
	•••

# Go to QN 9

## **B: INCORPORATION OF THE INTERVENTIONS**

**Observation**: Request to see a copy

8. Does the curriculum contain the following interventions?

INTERVENTION	YES	NO	Don't know
HIV / AIDS, ART			
TB			
IMCI			
Malaria Combination Therapy			
Focused Antenatal Care (FANC)			
Prevention of Mother to Child Transmission of HIV			
(PMTCT)			
Emergency Obstetric and Neonatal Care (EmONC)			

<sup>9.</sup> Have you been trained to be a trainer? (i. e teaching methodology courses)

No	Response	Tick
1.	Yes.	
2.	No.	

10. Do you teach the following interventions? (More than one responses)

INTERVENTION	YES	NO
HIV / AIDS		
TB		

11. Are the following training intervention materials available in your institution?

*Key:* √-*YES, X-NO, DK-Don't Know* 

INTERVENTION	Materials		
	Teachers' Training	Teacher's reference	Students learning
	Manual(TTM)	materials(TRM)	materials(SLM)
HIV / AIDS			
ТВ			

12. To what extent are the materials for the following interventions accessible?

INTERVENTIONS	Manuals	Accessible	Moderately	Inaccessibl
			accessible	e
HIV / AIDS	TTM			
	TRM			
	SLM			
TB	TTM			
	TRM			
	SLM			

Key: TTM: Teachers' Training Manual

TRM: Teacher's reference materials

SLM: Students learning materials

13. When did you last attend the courses to teach the intervention you mentioned above?

INTERVENTION		Duration		
	Less than	Betwee	Betwee More than	
	6 months	n 1-2	two years	
	ago	years	ago	
		ago		
HIV / AIDS				
TB				

14. Who organized the training you attended?

INTERVENTION		Organizer		
	Ministry of	Development	Others	
	Health and	Partner('s ) (Donor		
	Social	Agency) (mention		
	Welfare			
HIV / AIDS				
ТВ				

15. Who appointed/selected you to attend the course?

INTERVENTION	Ways of Involvement				
	Ministry of	The	The	Others	
	Health and	Principal	relevant	(mention)	
	Social		Program		
	Welfare		Manager		
HIV / AIDS					
TB					

16. In your views, why do you think you were selected?

Intervention		Reasons for Involvement			
	I teach	A	Personall	There was	Any other
	the	refresher	y known	no one	(mention)
	subject	training	to the	else to	
			Program	attend	
			Manager		
HIV / AIDS					
TB					

17. What are your recommendation regarding incorporation of interventions into training
curriculum?

Thank you for your cooperation

# APPENDIX II: (SWAHILI VERSION) Dodoso ya walimu.

Ushirikishwaji wa vyuo katika kukuza programu mbalimbali za afya: Hali katika vyuo vya unesi diploma Dar es Salaam, Tanzania.

Namba ya dodoso	
Mahojiano na walimu wa vyuo vya unesi	
Tarehe	•••
Jina la mhojaji	••••
Jina la chuo	••••
A: Tabia za Ujumla	
4. MkoaWilaya	
5. Mmiliki (Weka alama ya "√" katika kisanduku kimojawa	apo)
Serikali [	
Chuo cha Kidini [ ]	
Shirika la umma [ ]	
Binafsi [ ]	
6. Je ni kwa muda gani umekuwa ukifundisha? (Weka alam	a ya "√" katika kisanduku
kimojawapo)	
Namba Muda	
1 Chini ya miezi sita	
2 Kati ya miezi sita na mwaka	
mmoja	

Kati ya mwaka mmoja na miwili

Zaidi ya miaka miwili

3

4

4. Je umefundisha chuo hiki kwa muda gani?

Namba	Muda	$\sqrt{}$
1.	Chini ya miezi sita	
2.	Kati ya miezi sita na mwaka mmoja	
3.	Kati ya mwaka mmoja na miwili	
4.	Zaidi ya miaka miwili	

# B: Upatikanaji wa mtaala

5. Je unatumia mtaala katika kozi unayofundisha? (Weka alama ya "√" katika kisanduku kimojawapo)

Namba	Jibu	$\sqrt{}$
1.	Ndiyo.	
2.	Hapana.	

Kama jibu ni hapana tafadhali nenda swali namba 7

( Kama jibu ni ndiyo omba kuonyeshwa mtaala)

- 3. Umeona mtaala \_\_\_\_ wa mwaka \_\_\_\_\_ ,
- 4. Hujaona mtaala\_\_\_\_\_
- 6. Je unaupataje mtaala? (Weka alama ya " $\sqrt{}$ ").

Namba	Jibu	$\sqrt{}$
1.	Nina kopi yangu mwenyewe	
2.	Naupata kwenye ofisi ya mkuu wa chuo	
3.	Naupata kwa mwalimu wa taaluma	
4.	Naupata maktaba	
5.	Sehemu nyingine	
	(Taja)	

Angalizo: Omba kuona kopi	

#### Nenda swali namba 8

7. Kama hutumii mtaala, je ni mwongozo upi unautumia kuandaa somo?

Namba	Jibu	V
1.	Uzoefu	
2.	Natumia matirio niliyoyapata kwenye semina	
3.	Natumia miongozo	
4.	Nyingine (Taja)	

Nenda swali namba 9

# B: Uwemo wa programu mbalimbali za afya kwenye mtaala

8. Je mtaala una programu zifuatazo?

Programu	Ndiyo	Hapan	Sijui
		a	
VVU / Ukimwi			
Kifua Kikuu			
Dawa mseto ya Malaria			
Matunzo ya mama mjamzito kabla ya kujifungua.			
Matibabu ya watoto kwa njia ya uwiano			
Kuzuia maambukizi ya VVU toka kwa mama			
kwenda kwa mtoto.			
Matunzo ya dharula wakati na baada ya			
kujifungua			

9. Je umejifunza kufundisha? (Kozi ya njia za ufundishaji)

Namba	Jibu	$\sqrt{}$
1.	Ndiyo.	
2.	Hapana.	

10. Je unafundisha program au topiki zifuatazo? (unaweza kujibu zaidi ya jibu moja)

Programu / Topiki	Ndiyo	Hapana
VVU / Ukimwi		
Kifua Kikuu		

11. Je mna nyenzo za kufundishia program zifuatazo katika chuo chenu?

Weka alama ya : √-Ndiyo, X-Hapana, S-Sijui

Programu	Nyenzo			
	Mwongozo wa mwalimu	Matirio/Nyenzo za	Matirio ya kujifunzia	
		kurejea	wanafunzi	
VVU/ Ukimwi				
Kifua Kikuu				

12. Je upatikanaji wa matirio /nyenzo za kufundishia upo kwa kiasi gani?

Programu	Nyenzo	Zinapatikan	Wastani	Hazipatikani
		a		
VVU/	Mwongozo wa mwalimu			
Ukimwi	Matirio ya kurejea			
	Matirio ya kujifunzia			
	wanafunzi			
Kifua Kikuu	Mwongozo wa mwalimu			
	Matirio ya kurejea			
	Matirio ya kujifunzia			
	wanafunzi			

1.	Je ni lini ulihudhuria kwamara ya mwisho katika kozi au semina ya kufundisha
	program ulizozitaja hapo juu?

Programu	Muda			
	Chini ya miezi sita Mwaka 1-2 iliyopita Zaidi ya miaka Sijawal			
			2	i
VVU/ Ukimwi				
Kifua Kikuu				

# 14. Ni nani aliyeandaa hayo mafunzo?

Programu	Mwandaaji		
	Wizara ya Mfadhili (Mtaje) Mwingi		
	afya		ne
VVU/ Ukimwi			
Kifua Kikuu			

# 15. Ni nani aliye kuteua kuhudhuria hayo mafunzo?

Programu	Mteuzi						
	Wizara ya afya	Mkuu wa chuo	Meneja wa	Wengine (Taja)			
			Programu				
VVU/ Ukimwi							
Kifua Kikuu							

16. Kwa mtazamo wako, unafikiri ni kwa nini ulichaguliwa?

Programu	Sababu za kuchaguliwa						
	Nafundisha topiki	Mafunzo	Tunajuana na	Hapakuwa na	Nyingine		
		ya awali	program	mwingine wa	(taja)		
			meneja	kuhudhuria			
VVU/ Ukimwi							
Kifua Kikuu							

7. Ni nini mapendekezo yako kuhusu kuingizwa kwa program mbalimbali za afya	
atika mtaala?	
	•••

Asante sana kwa ushirikiano wako.

# APPENDIX III: (ENGLISH VERSION) QUESTINNAIRE FOR PRINCIPALS.

Involvement of training institutions in scaling up of health interventions: The case of nursing diploma in Dar es Salaam, Tanzania.

Date	of interv	iew	• • • • • • • • • • • • •	•••••	• • • • • • • • •	• • • • • • • •	• • • • • • •	•••••
Name	e of inter	viewer	• • • • • • • • • • • • • • • • • • • •	•••••	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •	• • • • • • •	•••••
Name	e of the S	School	• • • • • • • • • • • • • • • • • • • •	•••••	• • • • • • • • • •	•••••	•••••	•••••
Regio	on	• • • • • • • • •	D	istrict.	•••••	•••••	•••••	•••••
1. N	umber of	f tutors i	in the inst	itution.				
		Male	Female	Total				
D	•				_			
Part t	ime							
Full t	ime							
2. D	oes your	institut	ion have a	currici	ulum tha	t is in us	se?	
No	Respo	nse	Ticl	k				
1.	Yes.							
2.	No.							
. 7		. 37	_					
	to quest		o see a cop	nv.				
00301	vacion. It			у				
rcle th	ве арргор	oriate)						
rcle th	** *	ŕ	py seen	vear	r			
rcle th	e approp	ŕ	py seen	уеан	r	,		

3. How do tutors access the curriculum? Tick where appropriate.

No.	Response.	Tick.
1.	Have their own copies	
2.	available from the principal's office	
3.	from the academic officer	
4.	from the library	
5.	Other place (mention)	

4. How do students access the curriculum? Tick where appropriate.

No.	Response.	Tick.
1.	Have their own copies	
2.	available from the principal's office	
3.	from the academic officer	
4.	from the library	
5.	Other place (mention)	

5. Are the following interventions included in the curriculum?

INTERVENTION	YES	NO	Don't
			know
HIV / AIDS			
TB			
Integrated Management of			
Childhood Illnesses (IMCI)			
Antiretroviral Treatment (ART)			
Malaria Combination Therapy			
Focused Antenatal Care (FANC)			
Prevention of Mother to Child			
Transmission of HIV (PMTCT)			
Emergency Obstetric and Neonatal			

Care (EmONC)		
Others (mention)		
i)		
ii)		

6. Which of the following interventions are taught in the institution:

Tick the appropriate response.

No	Intervention	Yes	No
1.	HIV / AIDS		
2.	TB		
3.	Integrated Management of Childhood Illnesses(IMCI)		
4.	Emergency Obstetrics and Neonatal Care (EMoNC)		
5.	TB/HIV Care and Treatment		
6.	Prevention of Mother to Child Transmission of HIV (PMTCT)		
7.	Focused Antenatal Care (FANC)		
8.	Malaria Combination Therapy (Malaria CT)		
9.	Others (mention)		
	i)		
	ii)		

If ALL yes go to QN 8

7. Have you ever made effort to teach the above intervention/s which are not taught in your institution?

No	Response	Tick
1.	Yes.	
2.	No.	

Explain (if yes, how, and if	no
why)	

8. Was your institution involved in the review of curriculum to incorporate these interventions?

	INTERVENTION	YES	NO	If no Explain why you were not involved
1	HIV / AIDS			
2	TB			
3	Others (mention)			
	i)			
	ii)			
	iii)			

If ALL above are No, go to Qn.12		
9. What were the mechanisms of involvement in preparation of the	curric	ulum?
Tick (more than one response is applicable)		
Participated in Training Need Assessment (TNA) [	]	
Participated in a workshop to include TNA finding [	]	
Participated in a workshop/session to review the draft of the curriculum	[	]
Participated in other ways, specify	]	
10. Why do you think your institution got involved?		
Experienced institution in training	[	]
Expertise in curriculum development	[	]
Virtue of my position	[	]

11. In your opinion what factors facilitated incorporation/inclusion of tracer interventions in training curriculum? (Tick where appropriate)

Facilitating factor	Tick
Policy change in the MoHSW	

Others reasons, specify

New WHO guidelines and standards		
Donor influence		
Others (specify)		
Don't Know		
12. In your opinion what factors inhibited i	nclusion of trace	r interventions in training
curriculum?		

13. Which of the following training materials are available in your institution?  $Tick \ \sqrt{}$  where Yes, put X where No

INTERVENTION	Materials			
	Teachers'	Teacher's	Students	Any Comment? eg
	Training	reference	learning	why no materials,
	Manual	materials	materials.(	why not enough,
	(TTM)	(TRM)	SLM)	why not updated?
HIV / AIDS				
ТВ				

14. How accessible are the materials?

INTERVENTION							
	Materi	al access	ibility				
	Access	ible		Not acc	essible		Reasons for inaccessibility
Materials	TTM	TRM	SLM	TTM	TRM	SLM	
HIV / AIDS							
TB							

15	. Is the time	allocated to	train variou	s interventions	enough	with referen	nce to th	e
	curriculum	? Tick on th	e appropriat	e space.				

No	Intervention	Yes	No
1.	HIV / AIDS		
2.	TB		

16 Do the students get enough practical exposure to these interventions as allocated in the curriculum?

Intervention	Yes	No	If no explain why
HIV / AIDS			
ТВ			

17. Do you have any suggestion for improvement (as per any issue above)?

Intervention	Suggestions for improvement
HIV / AIDS	
TB	

Thank you for your cooperation

# APPENDIX IV: (SWAHILI VERSION) Dodoso kwa wakuu wa vyuo.

Ushirikishwaji wa vyuo katika kukuza pr	ogramu mbalimbali za afya: Hali katika
vyuo vya unesi diploma Dar es Salaam,	Tanzania.

Namba Jibu √   1. Ndiyo	Tarehe	•••••	• • • • • • • • • • • • • • • • • • • •	•••••	• • • • • • • • • • • • • • • • • • • •	•••
A: Tabia za Ujumla  ba	Jina la n	nhojaji	•••••	• • • • • • •	•••••	••••
Da	Jina la c	huo	•••••	• • • • • • •	••••••	••••
2. Idadi ya walimu katika chuo chako.    Wanaume   Wanawake   Jumla	A: Tabia	ı za Ujumla				
Wanaume Wanawake Jumla Walimu wa kudumu Walimu wa muda  3. Je chuo chako kina mtaala unaotumika?  Namba Jibu √ 1. Ndiyo 2. Hapana	oa	• • • • • • • • • • • • • • • • • • • •	.Wilaya			
Walimu wa kudumu  Walimu wa muda  3. Je chuo chako kina mtaala unaotumika?  Namba Jibu   1. Ndiyo  2. Hapana	2. Idadi	ya walimu kati	ika chuo chako.			
Walimu wa muda  3. Je chuo chako kina mtaala unaotumika?  Namba Jibu   1. Ndiyo  2. Hapana			Wanaum	ie V	Vanawake	Jumla
Walimu wa muda  3. Je chuo chako kina mtaala unaotumika?  Namba Jibu   1. Ndiyo  2. Hapana	Walimu	wa kudumu				
3. Je chuo chako kina mtaala unaotumika?  Namba   Jibu   √   1.   Ndiyo   2.   Hapana	,, 0111110					
Namba Jibu √   1. Ndiyo   2. Hapana		1				
Namba Jibu √   1. Ndiyo   2. Hapana	Walimu	wa muda				
Namba Jibu √   1. Ndiyo   2. Hapana	Walimu v	wa muda				
1. Ndiyo 2. Hapana			mtaala unaatumil	za?		
2. Hapana			ntaala unaotumil	xa?		
		uo chako kina 1		xa?		
Angalizo: Omba kuona copy	3. Je ch	uo chako kina 1 <b>Jibu</b>		xa?		
Angalizo: Omba kuona copy	3. Je ch	uo chako kina 1 <b>Jibu</b> Ndiyo		xa?		
	3. Je chi Namba 1.	uo chako kina 1 <b>Jibu</b> Ndiyo		xa?		
Angalizo: Omba kuona copy	3. Je ch	uo chako kina 1		ka?		
	3. Je cho  Namba  1.  2.	uo chako kina r <b>Jibu</b> Ndiyo Hapana	\[	xa?		
	3. Je chi Namba 1. 2. Angalizo:	uo chako kina i <b>Jibu</b> Ndiyo  Hapana  Omba kuona co	\[	ka?		
ngushia jibu sahihi)	3. Je chi Namba 1. 2. Angalizo:	uo chako kina i <b>Jibu</b> Ndiyo  Hapana  Omba kuona co	\[	ka?		

vi)	Je kuna Kopi ngapi za mtaala katika chud
	chako

4. Je walimu wanapataje kopi ya mtaala? (Weka alama ya "√" katika kisanduku sahihi).

Namba	Jibu	$\sqrt{}$
1.	Kila mwalimu ana kopi yake mwenyewe	
2.	Wanaupata kwenye ofisi ya mkuu wa chuo	
3.	Wanaupata kwa mwalimu wa taaluma	
4.	wanaupata maktaba	
5.	Sehemu nyingine	
	(Taja)	

5. Je wanafunzi wanaupataje mtaala? (Weka alama ya " $\sqrt{}$ " katika kisanduku sahihi).

Namba	Jibu	V
1.	Wana copi zao wenyewe	
2.	Wanaupata kwenye ofisi ya mkuu wa chuo	
3.	Wanaupata kwa mwalimu wa taaluma	
4.	wanaupata maktaba	
5.	Sehemu nyingine	
	(Taja)	

6. Je program zifuatazo zipo kwenye mtaala? (Weka alama ya "√" katika kisanduku sahihi).

Programu	Ndiyo	Hapana	Sijui
VVU/ Ukimwi			
Kifua kikuu			
Matibabu ya watoto kwa njia ya uwiano			
Dawa za kupunguza makali ya ukimwi (ART)			
Dawa mseto ya malaria			
Matunzo ya mama mjamzito kabla ya kujifungua.			
Kuzuia maambukizi ya VVU toka kwa mama			
kwenda kwa motto.			
Matunzo ya dharula wakati na baada ya			
kujifungua			
Nyingine (zitaje)			
i)			
ii)			
iii)			

7. Ni zipi kati ya program zifuatazo zinafundishwa katika chuo chako? (Weka alama ya " $\sqrt{}$ " katika kisanduku sahihi).

Namba	Programu	Ndiy	Hapana
		0	
1.	VVU/ Ukimwi		
2.	Kifua kikuu		
3.	Matibabu ya watoto kwa njia ya uwiano		
4.	Matunzo ya dharula wakati na baada ya kujifungua		
5.	Kuzuia maambukizi ya VVU toka kwa mama kwenda		
	kwa motto.		
6.	Matunzo ya mama mjamzito kabla ya kujifungua.		
7.	Dawa mseto ya malaria		
8.	Nyingine (zitaje)		
	i)		
	ii)		
	iii)		

Kama majibu yote ni ndiyo nenda swali namba 9

8.	Je umefanya jitihada zozote za kuzifundisha	program	ambazo	hazifund	ishwi
	chuoni kwako?				

Namba	Jibu	$\sqrt{}$
1.	Ndiyo	
2.	Hapana	

	Elezea (Kama ndiyo kivipi, na kama jibu ni hapana eleza kwa nini
9	Je chuo chako kilihusishwa wakati wa kubadilisha mtaala wakati zinaingizwa
hizi pro	ogram?

	Programu	Ndiyo	Hapana	Kama jibu ni hapana eleza kwa nini
1	VVU/Ukimwi			
2	Kifua kikuu			
3	Nyingine (zitaje)			
	i)			
	ii)			
	iii)			

Kama majibu yote hapo juu ni hapana nenda swali namba 12

10	Njia zipi zilitumika katika kuwahususha kutengeza mtaala? (Weka alama	a ya "√	" katika
	kisanduku sahihi, unaweza kutiki zaidi ya sehemu moja).		
	Mlishirikishwa hatua za mwanzo kabisa za kutafuta kipi kiongezwe kwe	nye mt	aala[]
	Mlishirikishwa katika semina ya kupitia mapendekezo yaliyotolewa	[	]
	Mlishirikishwa katika hatua ya mwisho ya kuandika mtaala	[	]
	Mlishiriki kwa njia nyingine, zitaje	[	]

2. Kwa nini unafikiri chuo chako kilihusishwa kutengeneza mtaala?

	Uzoefu katika kufun	disha	[	]			
	Uzoefu katika kuteng	Uzoefu katika kutengeneza mitaala					
	Kutokana na nafasi y	angu	[	]			
	Nyingine, zitaje						
	<i>3 5 7 3</i>						
11	Kwa maoni yako sababu zipi zinapelekea k	ningizwa kwa nr	ogram mnya	katika mta	ala?		
	• • •	-					
	(Weka alama ya "√" katika kisanduku sahil	ii, unaweza kutik	a zaidi ya se	nemu moja	).		
	Sababu	V					
-	Kubadilishwa kwa sera wizarani						
-	M 1 1111 1 4 1 1 1 1 1 C 1 1 1 1						
	Mabadiliko kutoka shirika la afya duniani						
•	Ushawishi wa mfadhili						
-	Nyingine, zitaje						
•							
	Sijui						
L							
	3. Kwa maoni yako ni mambo gani ya	nozwie lzuincizw	o Izazio neo cero	m mnyo ko	tilza		
		nazuia kunigizwa	a Kwa progra	ш шруа ка	шка		
	mtaala?						

4. Kati ya matirio /nyenzo zifuatazo, ni zipi zipo katika chuo chako? tiki  $\sqrt{kama}$ 

zipo , weka X kama hazipo.

Programu	Nyenzo			
	Mwongozo wa	Nyenzo za	Nyenzo za	Maoni; mfano kwa nini hamna au
	mwalimu	marejeo	kujifunzia	hayatoshi, au hayaendi na wakati
	(MW)	(NM)	wanafunzi	nk.
			(NKW)	
VVU/ Ukimwi				
Kifua kikuu				

5. Ni kwa kiasi gani nyenzo za kujifunzia zinapatikana?

Programu Upatikanaji wa nyenzo							
	Zinapatikana			Hazipa	Hazipatikani		Sababu za kutokupatikana
Nyenzo	MW	NM	NKW	MW	NM	NKW	
VVU/ Ukimwi							
Kifua kikuu							

6. Je muda uliopangwa kufundisha program mbalimbali unatosheleza ukilinganisha na mtaala? (Weka alama ya " $\sqrt{}$ " katika kisanduku sahihi)

Namba	Programu	Ndiyo	Hapana
1.	VVU/ Ukimwi		
2.	Kifua kikuu		

16	Je wanafunzi wanapata muda wa kutosha wa mafunzo kwa vitendo kama
	inavyoonyeshwa kwenye mtaala?

Programu	Ndiyo	Hapana	Kama hapana eleza kwa nini
VVU/ Ukimwi			
Kifua kikuu			

# 17 Je unayo mapendekezo yoyote ya kuboresha ( Katika swala lolote tuliyoyaona hapo juu)

Programu	Mapendekezo ya kuboresha
VVU/ Ukimwi	
Kifua kikuu	

Asante sana kwa ushirikiano wako.

# APPENDIX V: (ENGLISH VERSION) QUESTIONNAIRE FOR STUDENTS

Involvement of training institutions in scaling up of health interventions: The case of nursing diploma in Dar es Salaam, Tanzania.

Numb	er of questionnaire					
INTE	RVIEW TO STUDENTS O	F NURSING	TRAIN	ING I	NSTITU	TIONS
Da	te of interview		• • • • • • • • • •		• • • • • • • • •	
Na	me of interviewer	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • •	•••••	•••••	
Na	me of the School					
114	me of the School	•••••	•••••	•••••	• • • • • • • • •	
	GENERAL CHARACTER		•••••••	•••••	••••••	
A:		RISTICS				
<b>A:</b> 1.	GENERAL CHARACTER	RISTICSDistrict				
<b>A:</b> 1.	GENERAL CHARACTER	RISTICSDistrict				
<b>A:</b> 1.	GENERAL CHARACTER Region Ownership (Tick appropriat	RISTICSDistrict				
<b>A:</b> 1.	GENERAL CHARACTER Region Ownership (Tick appropriat	RISTICSDistrict				

# **B: CURRICULUM ACCESSIBILITY**

3. Have you ever seen the curriculum that is in use at your school?

No	Response	Tick
1.	Yes.	
2.	No.	

If No, go to Qn. 7

4.	How do v	you access	the	curriculum?	Tick	where	appropriate.

No.	Response.	Tick.
1.	I have my own copy	
2.	I get it from the principal's office	
3.	I get it from the academic officer	
4.	I get it from the library	
5.	Other places	

If y	you ticked 5,sp	ecify	 	 	 
11 y	you nekeu 5,sp	cciry	 	 	 •

# **B: INCORPORATION OF THE INTERVENTION**

5. Does the curriculum contain the following interventions?

INTERVENTION	YES	NO	Don't know
HIV / AIDS			
ТВ			

# 6. Are the following interventions being taught in your school?

INTERVENTION	YES	N	Don't
		O	know
HIV / AIDS			
TB			
Integrated Management of Childhood Illnesses (IMCI)			
Antiretroviral Treatment (ART)			
Malaria Combination Therapy			
Focused Antenatal Care (FANC)			
Prevention of Mother to Child Transmission of HIV			
(PMTCT)			
Emergency Obstetric and Neonatal Care (EmONC)			

7. Are the learning materials for the following interventions available in your institution?

INTERVENTION	YES	NO	Don't know
HIV / AIDS			
TB			

8 To what extent are the learning materials for the following interventions accessible?

INTERVENTION	Material accessibility			
	Accessible	Moderatel	Not	Reason for
		у	accessibl	moderate or
		accessible	e	not
				accessible
HIV / AIDS				
TB				

9. Please indicate the extent to which you agree with the following statement (write the correct number) Key: 1 = Adequate, 2= Moderate adequate 3= Inadequate

Item	HIV / AIDS	ТВ
Time allocated for theory		
learning		
Time allocated for practical		
exposure		
Teaching models		

10. To what extent are you satisfied on the competence to handle the new interventions (HIV/TB) cases?

INTERVENTION	Competencies			
	Very satisfied	Satisfied	Dissatisfied	Very dissatisfied
HIV / AIDS				
TB				

11. What recommendations would you give for improvement of the following interventions?

Intervention	
HIV / AIDS:	
TB:	

# APPENDIX VI: (SWAHILI VERSION) Dodoso ya wanafunzi

Ushirikishwaji wa vyuo katika kukuza programu mbalimbali za afya: Hali katika vyuo vya unesi diploma Dar es Salaam, Tanzania.

Na	amba ya dodoso			
A:	Tabia za ujumla			
Ta	arehe	•••••	•••••	•••••
Jii	na la mhojaji	• • • • • • • • • • • • • • • • • • • •	•••••	•••••
Jii	na la chuo	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •	•••••
Mkoa	Wilaya.			
5	Mmiliki (Weka alama ya "√'	' katika kisar	nduku ki	mojawapo)
	Serikali	[	]	
	Chuo cha Kidini	[	]	
	Shirika la uma	[	]	
	Binafsi	[	]	

# **B: UPATIKANAJI WA MTAALA**

6 Je umewahi kuona mtaala unaotumika chuoni kwako?

Namba	Jibu	$\sqrt{}$
1.	Ndiyo	
2.	Hapana	

7 Je unaupataje mtaala? (Weka alama ya "\" katika kisanduku kimojawapo)

Namba	Jibu	V
1.	Nina kopi yangu mwenyewe	
2.	Napata toka ofisi ya mkuu wa chuo	
3.	Napata ofisi ya taaluma	
4.	Napata maktaba	
5.	Napata sehemu nyingine (itaje)	

# B: KUINGIZWA KWA PROGRAMU MPYA KWENYE MTAALA

8 Je mtaala una program zifuatazo? (Weka alama ya "√" katika kisanduku kimojawapo)

Programu	Ndiyo	Hapana	Sijui
VVU/ Ukimwi			
Kifua kikuu			

9. Je program zifuatazo zinafundishwa katika chuo chako? (Weka alama ya "√" katika kisanduku kimojawapo)

Programu	Ndiyo	Hapan	Sijui
		a	
VVU/ Ukimwi			
Kifua kikuu			
Matibabu ya watoto kwa njia ya uwiano			
Dawa za kupunguza makali ya ukimwi			
Dawa mseto ya malaria			
Matunzo ya mama mjamzito kabla ya kujifungua.			
Kuzuia maambukizi ya VVU toka kwa mama kwenda			
kwa mtoto.			
Matunzo ya dharula wakati na baada ya kujifungua			

10. Je nyenzo za kujifunzia program zifuatazo zinapatikana katika chuo chako? (Weka alama ya "√" katika kisanduku kimojawapo)

Programu	Ndiyo	Hapana	Sijui
VVU/ Ukimwi			
Kifua kikuu			

10. Je ni kwa kiasi gani nyezo za kufundishia program zifuatazo zinapatikanaje katika chuo chako? (Weka alama ya "√" katika kisanduku kimojawapo)

Programu	Material access	ibility		
	Zinapatikana	wastani	Hazipatikani	Sababu kwa nini hazipatikani
VVU/ Ukimwi				
Kifua kikuu				

11. Tafadhali onyesha ni kwa kiasi gani unakubaliana na yafatayo: (Andika namba sahihi)

Tafsiri: 1 = Inatosheleza, 2= wastani 3= haitoshelezi

Kipengele	VVU/ Ukimwi	Kifua kikuu
Muda uliotengwa kwa mafunzo ya		
nadharia		
Muda wa mafunzo kwa vitendo		
Njia za ufundishaji		

13. Je ni kwa kiasi gani unaridhika na uwezo wako wa kushughulikia mambo yahusuyo VVU/Ukimmwi na kifua kikuu? (Weka alama ya "√" katika kisanduku kimojawapo)

Programu	Uwezo			
	Nimeridhika sana	Nimeridhika	Sijaridhika	Sijaridhika kabisa
VVU/ Ukimwi				
Kifua kikuu				

14. Nini mawazo yako katika kuboresha program zifuatazo katika muktadha wa mambo tuliyoyajadili hapo juu?

Intervention
VVU/ Ukimwi:
Kifua kikuu:

# APPENDIX VII: (ENGLISH VERSION) QUESTINNAIRE FOR OTHER STAKEHOLDERS (MOHSW & ITECH).

Involvement of training institutions in scaling up of health interventions: The case of nursing diploma in Dar es Salaam, Tanzania.

Inter	view Guide
D	ate of interview
N	ame of interviewer
N	ame of the Organization
R	egionDistrict
1	How do you involve the health training institutions in incorporation of essential health interventions (HIV/TB) into the health curriculum?
2	How do you involve the health training institutions in curriculum development / review of the new health interventions (HIV/TB)?
3	What are the challenges of involving health training institutions in scaling up of health interventions; and how do you overcome them.

**APPENDIX VIII: (SWAHILI VERSION)** Dodoso kwa wadau wengine (Wizarani na asasi za kiraia mfano ITECH)

Ushirikishwaji wa vyuo katika kukuza programu mbalimbali za afya: Hali katika vyuo vya unesi diploma Dar es Salaam, Tanzania.

Namba ya dodos	0				
Tarehe	•••••	•••••	•••••	••••	
Jina la mhoja	aji	•••••	•••••	•••••	••
Jina la chuo.		••••••	•••••	•••••	
A: Tabia za U	J <b>jumla</b>				
Mkoa	Wilaya				

- 1 Je ni kwa kiasi gani mnavihusisha vyuo vya afya katika kukuza program mbalimbali za afya (VVU/ Ukimwi na Kifua kikuu)?
- 2 Je ni kwa jinsi gani mnavihusisha vyuo (Nesi diploma) katika kutengeneza mitaala ya program mpya?
- 3 Je ni changamoto zipi mnazokumbana nazo katika kuhusisha vyuo vya afya mnapotengeneza mitaala, na je mnazikabili vipi?

# APPENDIX IX: INFORMED CONSENT, ENGLISH VERSION

MUHIMBILI UNIVERSITY COLLEGE OF HEALTH SCIENCES DIRECTORATE OF RESEARCH AND PUBLICATIONS.

INFORMED CONSENT								
ID-NO								

# Consent to participate in this study

Greetings! My name is Dominicus Haule. I am working on this research project with the objective of assessing the involvement of training institutions in scaling up of health interventions: The case of nursing diploma in Dar es Salaam, Tanzania.

# Purpose of the study

This study has the purpose of generating information on the involvement of training institutions in scaling up of health interventions; specifically on HIV /TB; The case of nursing diploma in Dar es Salaam, Tanzania. You are being asked to participate in this study because you have particular knowledge and experiences that may be important to the study.

## **What Participation Involves**

If you agree to participate in this study the following will occur:

- 1. You will sit with a interviewer and answer questions about what factors you think influence involvement of training institutions in scaling up of health interventions and finally your comments on what should be done to improve the situation. The interviewer will be recording your responses using a tape recorder.
- 2. You will be interviewed only once for approximately 45 minutes in a private setting.

# **Confidentiality**

I assure you that all the information collected from you will be kept confidential. Only people working in this research study will have access to the information. We will be compiling a report, which will contain responses from several respondents without any reference to individuals. We will not put your name or other identifying information on the records of the information you provide.

#### **Risks**

You will be asked questions about involvement of training institutions in scaling up of health interventions. Some questions could potentially make you feel uncomfortable. You may refuse to answer any particular question and may stop the interview at anytime.

# **Rights to Withdraw and Alternatives**

Taking part in this study is completely your choice. If you choose not to participate in the study or if you decide to stop participating in the study you will not get any harm. You can stop participating in this study at any time, even if you have already given your consent. Refusal to participate or withdrawal from the study will not involve penalty or loss of any benefits to which you are otherwise entitled.

#### **Benefits**

The information you provide will help to increase our understanding on how training institutions are involved in scaling up of health interventions and prepare effective interventions/programs which will fully involve training institutions in scaling up of different health interventions.

#### In Case of Injury

We do not anticipate that any harm will occur to you or your family as a result of participation in this study

# Who to contact

If you ever have questions about this study, you should contact the study Coordinator or the **Principal Investigator**, **Dominicus Haule**, Muhimbili University of Health and Allied Sciences (MUHAS), P.O. Box 65001, Dar es Salaam (Tel. no. 0686 312150). If you ever have questions about your rights as a participant, you may call **Prof. M. Abood**, **Chairman of the University Research and Publications Committee**, P. O. Box 65001, Dar es Salaam. Tel: 2150212-6 and **Dr. D.V.C. Kakoko who is the supervisor** of this study (Tel.no. 0786 015214)

# **Signature**

Do you agree?										
Participant Agrees	[]									
Participant disagree	[]									
Ι		have	read/ur	nderstood	the	contents	in	this	form.	Му
questions have been a	answered.	. I agre	ee to par	ticipate in	this	study.				
Signature of Participa	ınt									
Signature of research	assistant									
Date of signed conser	nt									

## APPENDIX X : RIDHAA YA MSHIRIKI- SWAHILI VERSION

MUHIMBILI UNIVERSITY COLLEGE OF HEALTH SCIENCES DIRECTORATE OF RESEARCH AND PUBLICATIONS.

FOMU YA RIDHAA		
NambayaUtambulisho		

# Ridhaa ya Kushiriki katika utafiti huu

Habari! Jina langu naitwa Dominicus Haule nafanya kazi katika mradi huu wa utafiti wenye lengo la kukusanya maoni yanayohusu ushirikishwaji wa vyuo katika kukuza programu mbalimbali za afya: Hali katika vyuo vya unesi diploma Dar es Salaam, Tanzania.

# Malengo ya Utafiti

Utafiti huu una lengo la kukusanya taarifa ya maoni yanayohusu ushirikishwaji wa vyuo katika kukuza programu mbalimbali za afya. Unaombwa kushiriki katika utafiti huu kwa sababu una uelewa na ambao unaweza kuwa muhimu katika tafiti hii.

# <u>Ushiriki.</u>

Ukikubali kushiriki katika utafiti huu yafuatayo yatatokea:

- 1. Utakaa na mtafiti aliyepewa mafunzo ya jinsi ya kuhoji na kujibu maswali yahusuyo ufahamu wako kuhusu ushirikishwaji wa vyuo katika kukuza programu mbalimbali za afya. Msaili atakua anarekodi majibu yako katika kaseti ya kurekodia.
- 2. Utahojiwa mara moja tu kwa takriban dakika 45.

# <u>Usiri</u>

Nakuhakikishia kwamba taarifa zote zitakazokusanywa kutoka kwako zitakua ni siri, ni watu wanaofanya kazi katika utafiti huu tu ndio wanaweza kuziona taarifa hizi. Hatutaweka jina lako au taarifa yoyote ya utambulisho kwenye kumbukumbu za taarifa utakazotupa.

## **Madhara**

Utaulizwa maswali juu ya ufahamu wako kuhusu sababau zinazohusishwa ushirikishwaji wa vyuo katika kukuza programu mbalimbali za afya. Baadhi ya maswali yanaweza kukufanya usijiskie vizuri. Unaweza kukataa kujibu swali lolote na unaweza kusimamisha usaili wakati wowote.

# Haki ya kujitoa na mbadala wowote

Kushiriki katika utafiti huu ni uchaguzi wako, kama utachagua kutokushiriki au utaamua kusimamisha kushiriki hutapata madhara yoyote. Unaweza kusimamisha kushiriki katika tafiti hii muda wowote hata kama ulisharidhia kushiriki. Kukataa kushiiriki au kujitoa katika utafiti hakutasababisha adhabu yoyote au upotevu wa faida yoyote unayotakiwa kupata.

## **Faida**

Taarifa utakayotupatia itasaidia kuongeza uelewa wetu kuhusu sababu zinazohusu ushirikishwaji au kutokushirikishwa kwa vyuo vya afya katika kukuza programu mbalimbali za afya na jinsi ya kurekebisha kasoro zitakazo jitokeza.

# Endapo Utadhurika

Hatutegemei madhara yoyote kutokea kwa kushiriki kwako katika tafiti hii.

#### Watu wa kuwasiliana nao

Kama una maswali katika utafiti huu unaweza kuwasiliana na **mratibu mkuu wa mradi, Dominicus Haule** Chuo Kikuu cha Muhimbili, S.L. P 65001, Dar es Salaam

(Simu. no. 0686 312150 ). Kama utakua na maswali yoyote kuhusu haki zako kama mshitriki unaweza kupiga simu kwa **Prof. M.Abood,** ambaye ni **Mwenyekiti wa kamati ya chuo ya utafiti na machapisho,** S.L.P 65001, Dar es Salaam. Simu namba: 2150212-6 na **Dr. D.V.C. Kakoko** ambaye ni **msimamizi wa utafiti huu** (Simu nambari. 0786 015214)

# **Sahihi**

Unakubali?						
Mshiriki amekubali	[]					
Mshiriki amekataa	[_]					
Mimi		nimesoma/nimeielewa	hii	fomu,	maswali	yangu
yamejibiwa. Nakubal	i kushiriki kat	ika utafiti huu.				
Sahihi ya mshiriki						
Sahihi ya mtafiti mwa	andamizi					
Tarehe ya makubalian	no					